

Chakra Prince George

Chakra Prince George - The chakras are centers of metaphysical or biophysical energy inside the body system, this is based on the Hindu custom. 7 essential chakras are in the body, but many believe that there are additionally lesser chakras located in the body. Some modern day believers have drawn parallels between the major organs of the endocrine system plus the chakra system.

The 7 main chakras are delineated by a series of lotus flowers climbing up the spine to the crown of the cranium. Each chakra has an associated colour, element and source of energy and each lotus has a specific number of petals. As the chakras progress from the lowest to the highest, they govern more and more spiritual functions. As a person becomes extra spiritually conscious, they get in contact with the upper chakras one by one. The bottom chakra connects with probably the most basic physical issues, whilst the highest represents enlightenment.

At the foot of the spine is the Root Chakra. It's thought that it represents survival, basic instincts, and feelings of security. The root chakra is associated with the component of earth and the colour red. It is visualized as a 4 petal lotus.

The Sacral Chakra is alleged to live inside the pelvis or the groin. It is related to emotions, sexual energy and creativity. This chakra is related to the element water and the colour orange and is symbolized by a six petal lotus flower.

In the region where the thorax plus the abdomen meet is situated the Solar Plexus chakra. It governs digestion, mental function as well as power. The solar plexus chakra colour is yellow and its' component is fire. It's represented by a 10 petal lotus.

The Heart Chakra governs tenderness and sympathy and it's related with the chest region incorporating the lungs. The heart chakra is said to the colour green and the element of air. Its lotus has 12 petals.

interaction, Self-expression, progress are all related to the Throat Chakra. It is typified by a sixteen petal lotus and it is related to the component of sound or existence and the colour blue.

Another name for the Brow Chakra is the third eye. It controls perception and intuition and it represented by a 2 petal lotus. Its colour is indigo and it's linked to the component of light or time.

The Crown Chakra is considered to signify the top of religious consciousness or to be the connection to the divine. Represented as a violet or white lotus having a thousand petals, its related element is space or inspiration.