

## Microdermabrasion Prince George

Microdermabrasion Prince George - Dermatitis Herpetiformis is commonly abbreviated as DH or Duhring's Disease. It is a chronic skin condition that is characterized by blisters which are filled with a watery fluid. The name itself translates to meaning that it is a skin condition having an appearance like herpes, though, DH is not related to or caused by the herpes virus. DH was first described in the year 1884 by Dr. Louis Duhring, hence the name. In 1867, a correlation between gluten intolerance or celiac disease and DH was recognized. In nearly all of cases, the age of onset is usually 15 to 40 years, even if, DH can also affect kids as well as the elderly. Women and men are likewise affected. The prevalence of DH varies from 1 in 400 to 1 in 10,000.

### Symptoms

Dermatitis Herpetiformis has a characteristic rash that contains chronic papulovesicular eruptions, that are extremely itchy. This particular type of rash is typically distributed symmetrically on extensor surfaces such as the back of neck, elbows, knees, back and the buttocks. The blisters could range from being up to 1 cm across to really small. Since this particular condition is extremely itchy, the desire to scratch could be overwhelming. This could cause the individual to actually scratch blisters off before they could be checked by a medical doctor. Intense burning sensations or intense itching are sometimes felt prior to blisters appearing in a specific area.

The severity of Dermatitis Herpetiformis could differ in time if left untreated. Normally, the initial signs appear in early adulthood, between the ages of 20 and 30 years old. The very first visible indications are the small vesicles or papules which resemble bumps or blisters. The first indications are intensive itching and burning. Generally, the very first blisters appear on the shoulders, on the lower end of the spinal column, along the hairline and at times within the mouth. Rarely, does the rash occur on various mucous membranes other than the mouth or the lips. If gluten ingestion is avoided and the correct medication is administered, the symptoms usually disappear. In some cases, taking oral contraceptives could exacerbate the symptoms.

The indications of DH tend to come and go, in short periods of time, yet are always persistent. These signs can be accompanied by abdominal pain and tiredness and other indications of celiac disease.

The rash which is caused by DH forms and disappears in 3 stages. Initially, the patient may see a slight discoloration of the skin where the lesions appear. Then, the skin lesions transform into clear vesicles and papules that are likely to happen in groups. The healing stage of the lesions is the last stage of development. Often this set of signs is characterized by a skin color change. This might result in parts of the skin turning darker or lighter than the color of the skin elsewhere on the body. Because of the intense itching, individuals usually scratch which could result in the formation of crusts.