

## Colonic Prince George

Colonic Prince George - Colon Hydrotherapy, likewise called colon irrigation, colonic irrigation or colonics, is a process that gently flushes water into the rectum in order to help in eliminating the colon of all the toxins and mucus. Colon hydrotherapy treatment is utilized to be able to relieve constipation, help the body's detoxification process, help loosen the muscles of a tight colon, strengthen a relaxed colon and to be able to cleanse the colon throughout fasting. Colonics are indicated when there is an proliferation of mucus and toxicity levels inside the body. Depending on the patient's physical condition, either warm or cool water may be utilized.

Although a lot of health conditions will show a benefit to colon cleansing, there are some instances where this kind of treatment is not utilized. Possibly life-threatening or really critical colon conditions that affects a patient like for example inflamed hemorrhoids, intestinal obstructions, or intestinal bleeding are particular instances when colon hydrotherapy is not used. Colon hydrotherapy is even contraindicated in hypertension and being pregnant.