

## EMS Prince George

EMS Prince George - Constitutional Hydrotherapy is a method that combines electrical muscle stimulation or EMS along with a hot compress and a cold compress. This particular therapy works through stimulating the immune system that allows the patient to be able to reposition from a dominant sympathetic state and into a relaxing parasympathetic state, helping to stimulate the healing process within the body. The electrical muscle stimulation causes muscular contractions to be able to enhance venous and lymph blood flow.

Also utilized as a complimentary treatment, Constitutional Hydrotherapy could work for various physical conditions such as asthma, irritable bowel syndrome, premenstrual syndrome or pms, respiratory infections and some other health conditions that help to support the immune system. Patients could need up to 10 treatments to notice actual benefits.