

## Prince George Massage Therapy

Prince George Massage Therapy - Manipulation of the visceral organs is actually a physical therapy which works on the visceral organs of the body including the heart, liver, intestines, and stomach. After the initial evaluation has been completed, the hands of the practitioner will be lightly placed on the organs which can be blocked and are not flowing with the natural rhythm of the body that could cause some form of physiological impairment. The purpose of the treatment is to have natural mobility and motility, natural tissue movement of the viscera and tone. Our bodies require natural motion in order to be in good physical shape and perform at an optimum level. Every time tissues become infected or even inflamed, they are believed to lose natural motion.

Mobility is defined as the pulling and pushing of all the surrounding tissue. Visceral organs move in response to exterior forces which can be either voluntary or involuntary. The functional impairment of the organ implies limitation.

Motility is defined as the organ's active, fundamental motion and could even be the kinetic expression of tissues in motion. Embryologic axes and directions of these movements are inscribed within the visceral tissues and happen all-around a point of stability and moves away and toward the median axis of the body. This is actually called inspir and expir, and cycles between 7 and 8 cycles for each and every minute. The objective of improving organ function and restoring a much better physiological movement is acquired by means of making use of certain methods so as to treat areas of altered or lessened motion.