

Naturopathy Prince George

Naturopathy Prince George - Therapy which entails submerging either part of your body or the whole body in a bathtub filled with hot water or cold water is known as Immersion Bath Therapy. One hundred percent organic European Moor Mud otherwise called Balneopeat or essential oils could even be added to the water. The Moor Mud assists the detoxification process of the body, helps to rebuild natural skin function and assists in blood flow.

Immersion Bath Therapy is beneficial for relieving pain in muscles or joints, improving metabolism, reducing inflammation, decreasing and increasing blood flow and artificially inducing fever in the system so as to fight against diseases. This bath treatment helps to get rid of anxiety from your body and the nervous system.