

## Rehab Prince George

Rehab Prince George - EECF therapy is an outpatient treatment utilized for heart failure and angina. For individuals who suffer from these conditions, basic activities like for example getting the mail or walking the dog can be really tough. If you or maybe somebody you know experiences angina or heart failure, the non-invasive treatment referred to as EECF therapy can prove helpful. Statistics show that around 80% of individuals who complete the 35 hour course of EECF therapy report significant symptom relief that could last as long as 3 years.

EECF therapy has proven to be a beneficial treatment for angina and heart failure. Normally, treatments are given for one hour a day, 5 days a week for a total of 35 hours. A treatment session involves lying on a comfortable treatment table with large blood pressure like cuffs wrapped around your buttocks and your legs. At specific times in between your heartbeats, these cuffs inflate and deflated. A continuous ECG or likewise referred to as electro cardiogram is used to set the timing. This insures that the cuffs inflate while the heart is in its resting condition where it normally receives its blood and oxygen supply. The cuffs then deflate at the end of that rest period, just before the next heartbeat. The person has on a special sensor on their finger to check the levels of oxygen in their blood. The sensor also checks the pressure waves created by the cuff deflations and inflations.